



Kidney and bladder imaging Challenges for the pediatric urologist Wishes for the nuclear medicine expert

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UNIVERSITY HOSPITALS LEUVEN

Nuclear medicine for pediatric urology

- Very low radiation exposure
- Image + function

- MAG-3 (EC)
- DMSA
- Cr-EDTA

Wish list



- How much obstruction is there in a hydronephrotic kidney?
- How much function is there in every kidney?
- How "accurate" is the renal function in neonates, infants, children?
- How well can we compare sequential scans with relative function / diuretic curves (between a neonate and an infant)?
- Can we compare relative function or images between a diuretic scan (MAG-3) and a static (DMSA)?
- How comparable are studies amongst different centers?
 Do you have "Belgian/International" guidelines (for children) ?
- In a hydroureteronephrosis / megaureter: is (standard) 20 minutes good/enough to "see" the diuretic curve?
- How important is the bladder filling for the diuretic curve?
- How accurate is the differential function in a renal duplication?
- Pediatrician ask for DMSA 6mo after febrile UTI vs pediatric urologist ASAP: can we see the difference between acute (temporary) scar and permanent ?
- Should a (pediatric) urologist (first) look at the images? Or only read the report?
- How has the indirect/direct voiding cystourethrogram with isotopes have evolved? Subjective expertise required? Reproducible to "watch"? Vesicoureteral reflux? Subvesical obstruction (valves / sphincter dyssynergia)?

Source





Seminars in NUCLEAR MEDICINE

Pediatric Nephro-Urology: Overview and Updates in Diuretic Renal Scans and Renal Cortical Scintigraphy

Zvi Bar-Sever, MD,* Amer Shammas, MD,[†] Farshid Gheisari, MD,[†] and Reza Vali, MD, MSc[†]

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< Guidelines

Paediatric Urology

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Simple definitions of terminology

• Differentiate: dilatation (hydronephrosis)

and

obstruction

(be "as smart" as your radiologist / nuclear specialist)





Dilatation is what we see

Obstruction (impairment of flow!) is what we <u>think</u> it is...

So: can dilatation be something else?

Dilatation of the upper urinary tract

- **Obstructed** flow? (one-way) UPJ (ureteropelvic junction obstruction), megaureter
- **Reflux**? (wrong-way or two-way)

VUR (vesicoureteral reflux), megaureter

Dilatation of the upper urinary tract

* or none of the above...

(megacalycosis megaureter)
(High urinary output :
 (Polydipsia, diabetes insipidus))

Obstruction / (dilatation)



- I. Obstruction of the upper Urinary Tract
 UPJ (ureteropelvic junction obstruction)
 UVJ (ureterovesical junction obstruction)
- 2. Obstruction of the **duplicated UT** obstruction or ureterocoele UP / reflux LP obstruction or ureterocoele UP / normal LP (other)
- 3. obstruction of the lower UT

4. Combined : VUR and UPJ

UPJ (ureteropelvic junction **obstruction**)

- I/I000 newborns
- >60% diagnosed prenatally
- 2/3 boys
- 60% left
- 20% bilateral
- Ethiology (intrinsic/extrinsic)
 Abnormal peristalsis
 (muscular/ neurologic)
 Crossing vessel







Extrinisic



Intrinsic



What's the (clinical) difference ?

• Intrinsic

neonatal hydronephrosis "permanent"

• Extrinsic

"moderate"
clinical "later" in life (adolescent)
specifically "high hydration"...

Question: can a diuretic renogram provoke the situation ? Intrinsic versus extrinsic?

The "Well Tempered" Diuretic Renogram: A Standard Method to Examine the Asymptomatic Neonate with Hydronephrosis or Hydroureteronephrosis

A report from combined meetings of The Society for Fetal Urology and members of The Pediatric Nuclear Medicine Council—The Society of Nuclear Medicine

The Journal of Nuclear Medicine • Vol. 33 • No. 11 • November 1992



	Region of Interest Selection	the renogram curve for ea during the interval between	ch kidney minus 60 sec and the a
	Kid,.yROI - Background ROI	radioactivity in the calyces ential renal function for the	are used to dete entire kidney. Th
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	Background ROI		
	C. 20 Min to Peak % Ratio Cortical	B Immature	
	«>>qpol ROI		
	Background ROI	C Stasis	
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(A), duresis), 20 min to ratio cortical n (C) and 20	c t ool ROI - Background ROi	E Poor Function	FIGURE 2. patterns of ""'T ogram time-ac
eak % ratio		5' 20'	terns are freque

rercem uwerenuat .Kenat r uncuon. J ne tow counts 01 background ppearance of ermine differ nis measure-

FIGURE for the phase . phase (B) peak % r renogram min to pe determinations (0).





factors which may or may not reflect obstruction. For example, an upward slope of the diuretic portion of the renogram curve suggests obstruction; however, when func tion is poor or there is marked HN/HUN, an upward slope may simply reflect poor function in a large capacity



FIGURE 3. Stereotypical patterns of ""Tc-MAG3 di uresis phase time-activity renogram curves. Each of these patterns can accom party some but not all of the renogram cuve pat terns shown in Figll'e 1.



FIGURE 4. Stylized Furosemide response curve ilustrates four methods of measuring the half-time clearance of the radio nuctide from the collecting system of the kidney. (A) Halftime njection. The Interval between the time of Furosemide Irjection and when there is 50% reduction of activity in the collecting system. (B) Half-time response. The interval between the time of the nitial observed diuretic response (usualty within 2 min after Furosemide injection) and when there Is 50% reduction of activity in the collecting system. (C) Half-time Injection, extrapolated. The interval between the time of injection and the time extrapolated curvefrom theitial observed diuretic response, which intersects with a 50% reducton of activity. (0) Half-time response. e x t r olated. Thenterval between the time of the initial observed duretic response and when the extrapolated curve Intersects with a 50% reduction of activity. Note: other methods include a computer-derived exponential fit of the primary response and

ratios of activity at differing t mentervals.



Questions that we have (and the parents too)

- Can we wait? Chance to grow out?
- How long can we wait?
- Do we compromise anything if we wait?
 = which kidney will eventually deteriorate?
- Does it harm to perform surgery if not necessary?
- What can we do?
- If we need to do something, how?



- Prenatal kidney = 10% (normal) RBF
- Last trimester: increased "volume" production

 But also "high elasticity" of the renal pelvis/ureter

Antero-posterior diameter



• To be measured

- In a transverse fashion
- At the level of the hilum
- In the same state of hydratation



Identical hydratation situation / clinical circumstances

- I baby bottle ca 30 minutes
 before the exam
- I can of Cola
 ca 30 minutes
 before the exam



ULTRASOUND @ birth / 3 months

- < 15-19 mm : 90% no need for surgery
- > 35 mm : 90% need for surgery
- 20 mm < x < 50 mm : grey zone (30%-70% Sx)

Identische Situation / Hydratation!!!

Desai, Dhillon, Duffy : Progress in Paediatric Urology vol 2, 1999

SFU / Radiology / UTD / Onen grading





ISOTOPES



Dynamic Tracer: DTPA MAG-3

Static

DMSA

Dynamic: MAG-3 (MercaptoAcetyl Triglycerine)

Absorbed by the proximal tubules and secreted in the tubular lumen



1 - 2 min





Uptake	(1-2 min)	
	Left	Right
	53%	47%

Dynamic: MAG-3 (MercaptoAcetyl Triglycerine)





- "Cheaper"
- Small children: not accurate
- Impaired renal function: not accurate

DMSA: static (NOT FOR HYDRONEPHROSIS)

Active uptake in the proximal tubules <u>2-3</u>
 hours
 AFTER INJECTION

Scars / Pyelonephritis



"Practical problem"



- Ist year: Left 68% Right 32%
- 2nd year: Left 72% Right 28%

What happened?
 Left improved or right got worse?

Isotope study :

How to interpret a deterioration of Split function? <u>Piepsz A</u>, <u>Ismaili K</u>, <u>Hall M</u>, <u>Collier F</u>, <u>Tondeur M</u>, <u>Ham H</u>. Eur Urol. 2005 May;47(5):686-90. Epub 2005 Jan 11

"In patients with unilateral or bilateral urological disorders, deterioration of split renal function does not necessary correspond to a loss of function of the affected kidney. SKGFR often modifies the interpretation of split function."

"Single Kidney Glomerular Filtration Rate (SKGFR)

obtained by means of the COMDINATION of Tc-99m MAG3 split function and overall glomerular filtration rate as given by the chromium Cr 51 ethylenediamine tetraacetic acid (EDTA) clearance"



1 - 2 min



Post-Mict

100-

C P

s





minutes

Uptake 1-2 lin)

Right

47%

* *

Naam

Datum

Len9te

Gewicht

Studietype

RMD num.mer COntactnummer

Lichaamsopp.

: klaring

82.0 cm

11.0 kg

0.334 q

: 28.916 g

137578.00 cnts 84985504.00 cnts

3978246.25 cnts

81007256.00 cnts

3556.19 ml 24.58 ml/min

87.54 ml/1.73m2/min

0.5 m2

 $GFR - 1.1 \times (klaring - 3.7)$

Left

53t

8





nier dyn 03-12-2004

Lasix

Single Kidney Glomerular Filtration Rate (SKGFR)

• = to see if from one yr to the next:

the kidney gets better or worse (you can't tell by only the % function rate)

MAG-3 + Cr5I-EDTA

 (ask your nuclear medicine specialist)





• Can you calculate GFR from MAG-3 or DMSA?



FUNCTION: is there a cut off?

Journal of Pediatric Urology (2012) 8, 25-28



Long-term results of pyeloplasty in poorly functioning kidneys in the pediatric age group*

Rajesh Bansal, M.S. Ansari*, Aneesh Srivastava, Rakesh Kapoor

Department of Urology and Renal Transplantation, Sanjay Gandhi Postgraduate Institute of Medical Sciences, Urological Society of India, Lucknow 226014, India

No.	Preop. function (%)	Postop. function (%)	Intervention
1	0	25	PCN → Open pyeloplasty
2	5	20	Open pyeloplasty
3	8	23	Open pyeloplasty
4	4	22	Laparoscopic pyeloplasty
5	4	24	Laparoscopic pyeloplasty
6	10	0	Lost to follow up

INDICATIONS FOR SURGERY

- DECREASE in relative (differential) function (> 7-8%): although better is "single kidney glomerular filtration rate" (SKGFR)
- Renal differential function < 35%
- **SYMPTOMS** : urinary tract infection, pain
- Significant (continuous) increase in AP diameter

Isotope studies : > 18 MONTHS

 Renal pelvis volume during diuresis in children with hydronephrosis: implications for diagnosing obstruction with diuretic renography. <u>Koff SA</u>, <u>Binkovitz L</u>, <u>Coley B</u>, <u>Jayanthi VR</u> J Urol. 2005 Jul; 174(1):303-7

"Consequently, T1/2 appears to be particularly vulnerable to inaccuracy in diagnosing obstruction in this age group (< 18mo), and, therefore, it should not be relied on as an operative determinant."





18 Months:

Elasticity = compliance of the renal pelvisê





Increase : IMPORTANT !

- Sequential studies
- Good circumstances
- Identical hydratation situation

• Ultrasound = "moment"

Dismembered Pyeloplasty (Anderson Hynes)







CrossMark

200

250

studies

A megaureter example





The "volume of the renal pelvis
 + the entire ureter



Is 20 minutes enough to fill renal pelvis + entire ureter (in all children)?

















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Is it really changed? What happened?







And what about the bladder ?



Newborn

.









6 weeks : "tubular function / reaction to furosemide









He

• Underwent surgery @ I week of age ...

- Do we still do an isotope exam?
- When?

DMSA





Pediatric Nephro-Urology: Overview and Updates in Diuretic Renal Scans and Renal Cortical Scintigraphy

Zvi Bar-Sever, MD,* Amer Shammas, MD,[†] Farshid Gheisari, MD,[†] and Reza Vali, MD, MSc[†]

 Table 1 Clinical Indication of 99mTC-DMSA in Children.

Diagnosis of acute pyelonephritis

- Diagnosis of permanent renal cortical scar 6 months after pyelonephritis
- Diagnosis of cortical kidney injuries following trauma
- Diagnosis and classification of structural renal abnormalities (single kidney, duplex kidney)
- Diagnosis of ectopic kidney and cross-fused kidney
- Calculation of differential renal function and when possible individual differential function of the kidney poles in cases of duplex kidneys
- Identification of dysplastic kidneys and determination of their function
- Assessment of the kidneys in secondary hypertension
- Evaluation of kidneys function in renovascular hypertension

before and after surgery

- Assessment of differential and regional kidney function in nephrolithiasis before and after treatment
- Surgical decision-making in patients with UPJ obstruction or
- VUR (differential renal function)
- Radiotherapy planning, to improve target delineation and preserve renal function

Is this true? So..., when is it possible ? Cr-EDTA is not necessary?

Renal duplication





Renal duplication





It seems to have function in the left upper pole ? Little bit less...?



DMSA after febrile UTI Why do pediatricians wait 6 months ?



Figure 3 Tc-99m-DMSA scan was performed in a 12 months male during an episode of UTI. Pinhole images are shown in (A). The left kidney is slightly larger than the right kidney with mild diffuse decreased uptake and foci of more decreased activity in the upper and lower poles, without significant volume loss. These findings were suggestive of acute pyelonephritis. The effect of the infection was evaluated 12 months later with a follow-up Tc-99m-DMSA scan. Pinhole images are shown in (B). Foci of cortical defects are seen in the upper pole of the left kidney with volume loss suggestive of scars. There is also reduced uptake and cortical thinning in the lower pole possibly indicating the presence of additional scars.

One of our patients





HERMES





DMSA Analysis								
				Institute Description Study Date	: Algemeen zi : : 2021:05:04,	ekenhuis,Tur 14:42:38	•	New scars?
POST L E F T	R I G H T	ANT R I G H T	Age (years): 6 L E F T				•	Dysplasia?
post	Sec. 1	ant RLAT						
LLIII		N.C.T.		10000				
			Relative Untake	POST 78.2%	21.8%			
			Relative Uptake	2 ANT 79.8%	20.2%			
			Geometric Me	an 79.0%	21.0%			
			Kidney Dept	h 4.08 cm	4.08 cm			
			Absolute Upta	ake 20.0%	5.3%			
llat		rlat	Total Absolute V	ptake = 25.3 %				



The bladder and the diagnosis of vesicoureteral reflux

Society of Nuclear Medicine Procedure Guideline for Radionuclide Cystography in Children

version 3.0, approved January 25, 2003

Authors: Gerald A. Mandell, MD (DuPont Hospital for Children, Wilmington, DE); Douglas F. Eggli, MD (Pennsylvania State University/Milton S. Hershey Medical Center, Hershey, PA); David L. Gilday, MD (Hospital for Sick Children, Toronto, Ontario, Canada); Sydney Heyman, MD (Children's Hospital of Philadelphia, Philadelphia, PA); Joe C. Leonard, MD (Oklahoma Children's Memorial Hospital, Oklahoma City, OK); John H. Miller, MD (Children's Hospital Los Angeles, Los Angeles, CA); Helen R. Nadel, MD (Children's Hospital, British Columbia, Vancouver, Canada); Amy Piepsz, MD (CHU St. Pierre, Department of Radioisotopes, Brussels, Belgium); and S. Ted Treves, MD (Children's Hospital, Boston, MA).





ORIGINAL ARTICLE

Annals of Nuclear Medicine Vol. 17, No.7, 549-553, 2003

Comparison of direct radionuclide cystography and voiding direct cystography in the detection of vesicoureteral reflux

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Pediatrics International {2006) 48, 287-291

doi: 10.1111/j.1442-200X.2006.02206.x

Original Article

Comparison of direct radionuclide cystography and voiding cystourethrography in detecting vesicoureteral reflux

TAMER UNVER, ¹HARIKA ALPAY, ¹NESE KARAASLAN BIYIKLP AND TUNC ONES² Departments of ¹Pediatric Nephrology and ²Nucleer Medicine, Marmara University School of Medicine, Tophanelioglu cd, Altunizade, Istanbul, Turkey



Facit



- Low gonadal radiation exposure is an important advantage of DRC. In Kaude's study, the gonadal radiation dose for VCUG was reported 269 mRad for girls and 105 mRad for boys, 12 whereas the gonadal radiation dose for DRC was lower than 10 mRad. 4 The difference between the two methods is 50 100 times less for DRC which is an important advantage. In our study, a dose of 1 mCi Tc-99m pertechnetate was used that causes a gonadal radiation dose less than 10 mRad.
- The most important disadvantage of DRC is that it cannot demonstrate lower genitourinary anatomy in detail. DRC does not define urethral morphology and is unable to show posterior urethral valves that may be associated with VUR in boys which is the main disadvantage of the technique.





Wish list

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